



**Places to Visit by Bike**

- Astley Hall
- Cuerners Valley Park
- Botany Bay
- Brockholes Nature Reserve, Preston
- Preston Dock
- Avenham Park, Preston
- Worden Park, Leyland
- Haigh Hall, Wigan

- Recommended cycle routes
- Traffic-free cycle route
- Proposed cycle route
- On-road cycle lane
- Footpath or track
- Bridleway (unsurfaced)  
(Cycling is legally allowed on bridleways)
- Main roads
- Pedestrianised street
- ⊙ Pelican and Toucan crossing  
(Cyclists dismount at pelicans)
- 55 National Cycle Network route number
- 91 Regional Cycle Network route numbers
- PW Place of worship
- 📖 Library
- 🚂 Train station
- ➡ One-way street
- 📧 Post office
- 🏪 Superstore
- 🏥 Hospital
- 🎓 School, College or University
- 🏛️ Public buildings
- 🏠 Leisure Centre
- 🅇 Parking
- ☕ Cafe
- ➡ Access onto canal towpath

